

Fertility Desires and SRH Needs of PLHIV

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SRHR and Needs for PLHIV

- ❑ PLHIV have sexual and RHR and needs that must be addressed in order to stem the epidemic
 - ❑ The need to have a satisfactory sexual and reproductive life in a supportive and non-discriminatory environment is critical for our well being
 - ❑ Need to access information, services and support to express our SRH needs and desires, freedom of choice in fertility and contraception choices, safe pregnancy and delivery,
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SRHR and Needs for PLHIV

- ❑ National Policies and programmes to consider SRH needs of PLHIV as a priority and allocate resources for service delivery,
 - ❑ Security to ensure availability and access to SRH commodities for PLHIV, including Dual protection methods
 - ❑ Need for safe and protected sex always
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SRHR and Needs for PLHIV

- ❑ Need for contraception and information on safe contraceptives use by PLHIV
 - ❑ Relevant information for adolescents living with HIV on safer sex practices and appropriate contraceptives if sexually active, life skills and SRHR education
 - ❑ Policies that promote and protect SRHR for PLHIV and right to decide freely and responsibly on matters of SRH and Needs.
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SRHR and Needs for Women Living with HIV and AIDS

- ❑ Family planning; prevention of unwanted and unplanned pregnancies including options for safe abortion
 - ❑ Female controlled barrier/protection methods; female condoms , microbicides: an emergency
 - ❑ Safe motherhood services, ART comprehensive care during pregnancy. PMTCT, male involvement, treatment of O.I.s
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SRH Needs of Women Living with HIV and AIDS

- ❑ Comprehensive education and information on sexuality, how HIV affects women's sexuality, Access to VCT, RH counselling
 - ❑ Screening for human Papillomma virus and cervical cancer, genital warts and rectal cancers that get more severe with declining immunity
 - ❑ Information on effect of hormonal contraceptives on ART and vice-versa
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Policy Issues

- ❑ The need for HIV/AIDS and SRH experts to work together to develop national plans on integrative approaches to effectively deal with SRH needs of vulnerable populations.
 - ❑ Meaningful involvement of PLHIV and vulnerable communities in planning and policy development
 - ❑ Outlaw forcible restrictions of SRH rights and legal constraints in accessing SRH services.
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Conclusion

- ❑ We need to act differently! We need committed leadership and ownership in facing the reality and diversity of our SRH needs, as an urgent priority
 - ❑ We need to close the gap between what we say and what we do! We need accountability and timelines from key stakeholders and orgs on How, when and from whom to expect action!
 - ❑ This action must include us!
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